

Community Group Leader Guide

July 19, 2026 | This We Know | Week 8

Missed the sermon? Watch here: [YouTube.com/@CommunityLifeChurch](https://www.youtube.com/@CommunityLifeChurch)

Quick Recap

We're focusing on 1 John 5:13–21. John closes his letter by reminding believers that they can know they have eternal life. Because our salvation rests in Jesus, we can approach God confidently, pray for one another faithfully, trust Christ to keep us, and guard our hearts from idols.

Icebreaker Question

What's something you constantly double-check, even when you already know the answer?

Starting Questions

Why do you think uncertainty about where we stand with someone can be so emotionally exhausting?

Why might someone believe the right things about God while still struggling to feel secure in their relationship with Him?

Deeper Questions

Read 1 John 5:13–15.

- John says he wrote so believers could “know” they have eternal life. What is the difference between biblical assurance and simply trying to convince yourself that everything is okay?
- What are some things people mistakenly use to measure whether they are still accepted by God?
- How should assurance of salvation change the way we approach God in prayer?

Read 1 John 5:18–20.

- Verse 18 teaches that Jesus keeps and guards those who belong to Him. How does that truth challenge the idea that you are responsible for securing your own soul?
- John says the whole world lies under the power of the evil one. How can we remain spiritually alert without living in fear?
- What do these verses teach us about who Jesus is and what He has done for us?

Read 1 John 5:21.

- Why do you think John ends the entire letter with the warning, “Little children, guard yourselves from idols”?
- What good things can quietly become ultimate things in our lives?
- How can an idol distort our view of God and cause us to become anxious, insecure, or spiritually exhausted?

Action Steps

- Write down 1 John 5:13 and read it each day this week. Ask God to help you trust His Word more than your changing emotions.
- Identify one area where you have been living as though you are on probation with God. Bring that fear honestly to Him in prayer.
- Ask God to reveal anything that has begun competing with Him for your love, identity, security, or allegiance.

Prayer Requests

- Pray that our group would rest in the finished work of Jesus.
- Pray that we would approach God with confidence and trust Him with the outcome of our prayers.
- Pray for believers who are struggling with sin to experience repentance and restoration.
- Pray for discernment to recognize and reject the idols that compete for our hearts.

Bonus Content

That’s a wrap on our series in 1st John! Take some time to ask your group about what was most memorable to them about our study or what was one truth that was revealed to them that has stuck! Take some time to overview it together.