

Community Group Leader Guide

For the Week Of 1.21.24

Sermon Series: Body, Mind, Soul.

Watch the Leader Video and find all your resources online at

<https://clifec.com/community-group-resources/>

Need to watch the sermon? Check out our YouTube channel:

<https://www.youtube.com/@CommunityLifeChurch>

Announcements:

BLOOM GATHERING, a Women's Worship Night, is on Monday, January 22nd, at the Forney Campus. The single service starts at 6:30 PM, with doors opening at 5:45 PM. Ensure you arrive early and consider carpooling! Meet up at your home campus and share a ride with friends, family, co-workers, or anyone else interested. The service will be from 6:30-8:00 PM. clifec.com/women

Register for our CG series:

In a world filled with moral and spiritual confusion, this series acts as a wake-up call and a roadmap, offering much-needed clarity, conviction, and a pathway to change. It's about getting real with our spiritual states and seeking alignment with God's ways.

It will be a challenging series; you will benefit most from being in a community group. We have dream teamers in the lobby ready to help you register or find a group. clifec.com/never

Icebreaker:

What's your go-to soul food/comfort food after a long day?

Quick Review:

We started the new year with a brand new series entitled 'Body, Mind, and Soul' where we are focusing on a theology of the aforementioned parts of our lives. In week one, we focused on our physical bodies and the role that they play in honoring God. The second week was all about how we can have healthy minds that are renewed and holy. Finally, we covered what it means to have a healthy soul and ways that you can enrich your spiritual walk.

Make It Personal:

1. There are a variety of personal, and spiritual disciplines people use to get closer to God. What has helped the most in your spiritual journey?
2. Have you ever turned to the wrong thing for satisfaction in your soul? What were the results? (Leaders go first on this one!)

Go Deeper:

1. What's the difference between spirit and soul? How does the Bible differentiate the two?
2. Read Matthew 16:26 together. How does this impact the way that you navigate life?

Action Steps:

1. Consider the things you are looking to for satisfaction on a soul level. Is there anything that needs to be uprooted for you to spiritually grow? Take this time to inventory what needs to change.
2. Ask each other how you are doing spiritually. In what ways can you help care for the souls of others in your group?

Prayer Requests:

1. Continue to pray for the 21 Days of Prayer and Fasting. Pray that God would open the eyes of our people and that we would hunger for him above all else.
2. Pray that God would help you and your group members maintain a vibrant spirituality.

Feel free to use this guide to facilitate discussion in your community group. Modify the questions as you see fit.