

## MAIN POINT

*Tomorrow is not promised, so we should make the most of our time by keeping God at the center of it.*

## INTRODUCTION

In a typical week, what would you say is your biggest waste of time? What would you say is your greatest use of time?

What is something you wish you could spend your time doing, but don't ever seem to get around to it?

Each year it seems people get busier. Even following the extended time of "pause" many experienced over the last few years of the pandemic, we seem to have picked up where we left off, and may even be moving faster to make up for lost time. Psalm 90 reminds us God is the One who ultimately numbers our days, and we gain wisdom by seeking Him and submitting every day before Him over anyone or anything else.

## DISCUSSION

### > READ PSALM 90:1-17.

Find every reference to time you can in these verses. What is the overall message about time here?

Moses prayed this prayer as he was preparing the Israelites for their entry into the promised land. Why might he have given heavy focus to time in this context?

How did Moses describe the best of times? What do you consider the "best of times"?

Verse 10 reminds us that time goes by quickly but the passing of time is also hard. How are these points true for all people?

Which of these realities do you feel the most, currently? Why?

How will this be different from the "time" in eternity?

What was Moses's request of God for the Israelites in verse 12? How can we apply this in our daily lives?

What was Moses's hope and expectation of God in verses 14-17?

Why did Moses turn to God in prayer for these things, instead of leading the Hebrews in a time-management class? What can we learn from this?

What would change in your life this week if you had the same perspective Moses had in Psalm 90?

How is God speaking to you today about your time?

## APPLICATION

Choose one phrase about time from Psalm 90 that you can pray each day this week. What is it? Why did you choose that phrase?