

OUR FATHER, WHO ART IN HEAVEN, HALLOWED BE
THY NAME; THY KINGDOM COME; THY WILL BE DONE
ON EARTH AS IT IS IN HEAVEN. OUR FATHER, WHO
ART IN HEAVEN, HALLOWED BE
THY NAME;
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WHO ART
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HALLOWED BE
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OUR FATHER,
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WHEN YOU PRAY

WILL BE DONE ON EARTH AS IT IS IN HEAVEN. OUR
FATHER, WHO ART IN HEAVEN, HALLOWED BE

Discussion Guide

Week 1



Bottom Line

Prayer is not performance. It's not for others, it's for you.

Jesus said, go into your closet, do it in private. It's not for others and what they think of you. It's for you. It's personal.

Scripture

Matthew 6:5-8

Icebreaker

Phone Scavenger Hunt: Have group members take two minutes to find the following pictures on their phone:

- their oldest picture
- something they're proud of
- a photo that reminds them of a fun time
- their most random picture

Have each person share the first picture. Encourage people to expand on their photo and why it fits the topic prompt. For example, if they have a picture that reminds them of a fun time, have them share the memory. Go around again, sharing the second item and so on until you have gone through each prompt.

It can be hard to tell how long this icebreaker will take. Some people will expand on their answers, others will not. If the activity is taking too long, you can stop the sharing portion and pick up the icebreaker again during the next week's meeting.





Week 1



Introduction

Tell your group how glad you are that they are there, and then read the following out loud:

In this series, we will be working through the Lord's Prayer, but we won't be talking about how to pray. Really, this is about how prayer impacts the way you live your life.

Every week we will do an icebreaker, watch a video, and then have a discussion about how these truths impact our day-to-day lives. It is helpful to watch the sermon series, but it's not necessary. If you ever miss a sermon, you can always watch it on c|Life's YouTube channel.

Before we start the video, I have a few questions:

- *When you need prayer, who is the first person you think to ask? Why is that?*
- *If you are in crisis, you are probably going to ask for prayer. Do you think there is a benefit to that? If so, what is it?*

Prayer is a gift from God that benefits the world. But most importantly, prayer is a gift from God to you and for you. As we watch the video, think about how often you pray privately as opposed to publicly.

WATCH THE DISCUSSION VIDEO

link: clifec.com/WYP-video-1



WHEN YOU PRAY





Week 1



Exploration

You probably won't get through all the questions, and that's OK! These are here to help you. See this as a guide, rather than a to-do list.

- *Was there anything that stood out to you from the pastor's teaching or the group discussion?*
- *How do you feel about praying out loud?*
- *Have you ever seen people use prayer to be impressive? What did that look like?*

Ask someone to read Matthew 6:5-8 to the group.

- *How are we not to pray? Why?*
- *Do you think that we over-complicate things? How have you complicated your prayer life?*
- *From Matthew 6:8, if God knows what we need, why do you think He wants us to pray for these things that we need? Why doesn't He just give them to us?*

Application

- *What do you want your kids to know about prayer based on today's discussion?*
- *What is one thing you can do to help improve your prayer life this week?*

End with prayer time. This is a great opportunity to ask your group members how you can all be praying for one another this week.

